

DISC Behavioural Styles Quiz

1) Which behavioural style is known for being bright, optimistic and enthusiastic?

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance

2) Which behavioural style may be perceived as being impulsive and easily distracted?

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance

3) Which behavioural style is good at making their expectations known and produces results efficiently?

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance

4) With which behavioural style should you avoid being late, disorganised and flippant?

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance

5) Which behavioural style is talking?

"There's a logical way to do this. Let's plan it all out and decide who'll do what."

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance

6) Which behavioural style is talking?

"I feel we should listen to everyone first then we can decide together what we do."

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance

7) The best leadership style is seen with which behavioural style?

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance
- e) All of the behavioural styles

8) Which behavioural style is the most difficult to work with?

- a) High Dominance
- b) High Influence
- c) High Steadiness
- d) High Compliance
- e) All of the behavioural styles
- f) Some of the above are more challenging than others
- g) None of the above